All items on the Orange Grove Primary School canteen menu adhere to the WA Department of Educations Healthy Food and Drink policy. The traffic light system has three food categories, **GREEN** is a range of foods to be consumed first when ordering, **AMBER** are foods to be selected less frequently, **RED** foods are to be consumed sparingly and will not appear on the school menu.

**Open days** - Our canteen will be open one day a week at the moment, Mondays during Term 2 from 8.30am until 1pm.

**Orders** - Canteen bags are supplied and we ask that you please provide correct money where possible and all orders need to be at the canteen by **9am sharp**. If your child requires a special meal or has specific dietary needs please let us know when placing your order.

**Volunteer** - Parent assistance is necessary for the canteen to operate and is a great way to meet other parents. If you have half a day free once or twice a term please contact the canteen. Lunch is provided, Coffee and conversation are always on offer. You will also receive a $5 canteen voucher for a child’s order.

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**Healthy Food**

*Builds Great Brains!*

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**HELP WANTED**

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Canteen Menu

Term 2, 2014

**Please hand orders in at the canteen by 9am Sharp**

Drinks

- Water $1.00
- LOL Juice $2.00
- Apple/Raspberry
- Apple/Blackcurrant
- Tropical

Up and Go $2.00
- Vanilla
- Chocolate

Recess only

- Piece of fruit $1.00
- Apple slinky $1.00
- Fruit salad cup $2.00
- Cheesie $2.00
- Fruit toast $1.00
- Bacon & Egg Muffin $2.50

Cold food

- Salad (Lettuce, Tomato, Carrot & Cucumber) $2.50
- Meat & Salad (Chicken, Ham or Tuna) $3.50
- Vegemite $1.50

Wraps

- Salad (lettuce, Tomato, Carrot & Cucumber) $2.50
- Meat & Salad (Chicken, Ham or Tuna) $3.50

Salad Boxes

- Salad-Lettuce, Tomato, Carrot, Cucumber, Egg, Beetroot, Cheese $2.50
- Meat & Salad (Salad + Chicken, Ham or Tuna) $3.50

Lunch

- Hot Chicken & Mayo roll $3.50
- Sweet Chilli Chicken Wrap with salad $4.00
- Mini Pizzas $3.00
- Beef Burger with salad $4.00
- Chicken Burger with salad $4.00
- Baked Spud + Salad $3.00
- Cheesy Tomato Pasta $3.00
- Oven Baked Wedges $3.00
- Nachos $4.50
- Chicken Nuggets and salad $4.50

Optional extras

- Toasted 50c
- Cheese 50c
- Egg 50c
- Sour cream 50c

Sauces

- Mayonnaise
- Tomato sauce
- BBQ Sauce

**If you have any dietary needs please don’t hesitate to let the canteen ladies know when placing your order.

Sweets

- Frozen fruit pop $1.50
- Choc yogo $1.50
- Warm vanilla custard and fruit $1.50

Weekly Specials

See the canteen blackboard for weekly specials.