

From the Principal

Dear Parents, Carers & Community Members

Welcome back to the new school year! I would like to extend a special welcome to those families joining our school community for the first time. I hope you and your loved ones had a wonderful and refreshing summer break.

Our school commenced the new year with just over 156 children from Kindergarten to Year 6. We are extremely fortunate that our staff will remain consistent for 2023 which impacts favourably on the success of our plans and goals for this year.

On another positive note Orange Grove Primary School is celebrating its 100 Year Anniversary this coming year so look out for events that will lead into our special day. This will be celebrated in term 4 on **Friday, 27th October**. For more information on other important events please see the attached 2023 Term 1 Planner.

From Wednesday, 8th February, class teachers will be conducting meetings with parents and carers to outline class procedures for the year. This meeting is an extremely important first step in the new school year and I sincerely hope and encourage everyone to attend.

Stephen Boon
Principal

NAPLAN

NAPLAN Online will be conducted later in the term during weeks 7-9 for students in Year three and five. It is expected that programs will go ahead with students completing assessments in Reading, Spelling, Writing, Punctuation and Grammar and Mathematics. All assessments are conducted in an online digital environment with the exclusion of the Year Three writing assessment.

Students arriving early to school

Parents, please be aware that students should not arrive on school grounds prior to 8:15am. Your help with this would be appreciated as some students are being dropped off prior to 8:00am!

Children who arrive at school before 8:15am must go directly to the basketball court and play with their friends. Supervision can only be guaranteed at the basketball court after 8:15am. An exception to this is when children are attending a school organised activity (e.g. choir, sporting event).

Even if parents are with their children, we ask that all children (and parents) move to the assembly area on arrival at school and wait there until dismissed by the duty teacher. Duty of Care requirements determine that children should be all together in one area before school begins.

Canteen

Great news! As of week, 4 this term our school canteen will be open for business. Lucy will be operating the canteen each week, Tuesdays through to Thursdays. An order form will be available at the canteen to order on, and an app will be up and running from Term 2.

Is your child feeling unwell?

If your child is unwell with cold and flu symptoms, please keep them at home and consider checking in with your GP if symptoms don't resolve.

Healthy WA also recommends seeking a COVID test for cold and flu symptoms. See links for more info.

[Department of Health LINK](#) [DoE LINK](#)

Event Calendar

Date	Event
Friday, 17th February	Assembly—Yr 5/6
Wednesday, 22nd February	Payment for School Photos Due
Wednesday, 1st March	School Photos
Friday, 3rd March	Assembly Yr 4/5
Monday, 6th March	Public Holiday —Labour Day
Wednesday, 8th March	P&C Free Dress Day



Hello,

I'm Lucy Campbell and I'll be running the school canteen. I'm a Mum of two Orange Grove students and am very excited to provide this service for our families. As of week 4, the canteen will be open on Tuesday, Wednesday and Thursday. Orders can be made between 8am and 8.45am.

A tea and coffee station will also be available for parents to grab a take-away with a portion of these profits going towards our wonderful P&C. The canteen will be a nut free environment. Please let me know if there are any allergy concerns.



TUESDAYS, WEDNESDAYS and THURSDAYS from Week 4!

Menu

Snacks

Chocolate Banana Bread	\$2
Banana Bread	\$2
Pikelet	\$1ea
Popcorn	\$0.50
Muffin of the Day	\$2
Apple Slinky	\$1
Banana	\$1
Fruit Cup (seasonal)	\$2
Vegetable & Hummus cup	\$2

Lunch

Hawaiian Pizza Scrolls	\$4.5
Cheesymite School	\$4
Mac & Cheese Muffins	\$4

Sandwiches & Wraps

Vegemite (Add Cheese +\$1)	\$2
Cheese and Salad	\$4
Chicken and Salad (Add Cheese +\$1)	\$5
Ham and Salad (Add Cheese +\$1)	\$5

Toasties

Chicken, Mayo and Cheese	\$4
Ham, Cheese and Tomato	\$4
Cheese	\$2

Canteen open Tuesdays, Wednesday and Thursday. Daily Specials Available.

Birak Hot and dry	Bunuru Hot with easterly winds	Djeran Cool and enjoyable	Makuru Wet and cold	Djilba Cold with less rain	Kambarang Warming as the rains finish
					
Dec - Jan	Feb - Mar	April - May	June - July	Aug - Sept	Oct - Nov

RUAH
COMMUNITY SERVICES

Aboriginal Seasons of South Western Australia
Funded by Ruah Community Services and Department of Social Services

www.ruah.org.au



CLASS	TEACHER	EDUCATION ASSISTANTS
Kindergarten (Room 6)	Mrs Natalie Bandarage	Miss Charlie Christie (Weds, Thurs & alt Fri)
Pre-Primary (Room 7)	Mrs Kylie Dowe	Mrs Vicki Burette (Mon-Thurs), Mrs Teresa Faranda (Fri)
Year 1/2 (Room 5)	Mrs Ashlee Fieldgate	Mrs Teresa Faranda (Tues-Thurs)
Year 2/3 (Room 1)	Miss Christine Cole	
Year 3 (Room 4)	Miss Sophie Fazioli	
Year 4/5 (Room 3)	Miss Bec Anderton (Mon, Tues & alt Weds) & Mrs Julie Reed (Thurs, Fri & alt Weds)	Mrs Wendy Smith (Tues Morning) Mrs Julie Honeysett (Thurs)
Year 5/6 (Room 2)	Mr Niall Harrison	Mrs Wendy Smith (Tues Afternoon) Mrs Julie Honeysett (Wed)

SPECIALIST TEACHERS

Music	Mrs Kellie McCrum
Phys Ed	Mrs Kristen Rodic
Early Childhood	Mrs Adriana Banzic & Mrs Kristen Rodic
Auslan	Mrs Kristen Rodic
Guitar	Mr Rob Graham
Visual Arts	Mrs Kristen Rodic
Digital Technology	Mrs Kellie McCrum

ADMINISTRATION

Principal	Mr Stephen Boon
Associate Principal	Mrs Clare Heffernan
Manager Corporate Services	Mrs Kim King
School Officer	Mrs Amanda Wilson (Mon, Tues, Weds, Fri)
School Officer	Ms Larissa Boaden (Thur)

SUPPORT STAFF

Chaplain	Mrs Sandi Kocaj (Weds & Fri)
Library	Mrs Wendy Smith (Weds)
School Psychologist	Ms Danielle Fry (Fri)
School Gardener	Mr Esham Estapah
School Cleaner	Mrs Sheryl Houston



Curtin University Football Club

Register now

- Open to **Boys and Girls**
- Ages 4 and up, all abilities catered for
- Qualified AFC C-License coaches
- Home games Raphael Park, Victoria Park
- Have fun and make friends

Register online now at
www.curtinfootball.com

- 1 Find your team and training time**
Go to our website and click on **Start Here**
- 2 Come to our Open Training Sessions**
No need to email/call.
Just turn up and introduce yourself

Join now!

Proudly supported by



South Perth Metropolitan areas including Victoria Park - Bentley - Como - St James - Carlsle - Karawara - Burswood - Kewdale - Shelley - Riverton - Ferndale - Cannington - Beckenham - Willetton

Southern River Hockey Club

COME AND JOIN THE HAWKS FAMILY



Online registrations for the 2023 Winter Hockey season are now open. For more information, please contact Juniors Coordinator, Melanie via email:

juniors@southernriverhockey.asn.au
or on 0419 044 351



Parenting after Stressful Events

South East Metro Parenting Support Services

For Parents and carers of Children 3-12 years

1-session program (Online)

Workshop Overview

All children need homes that are safe and full of love, especially children who have experienced a stressful event in their life.

Early hurtful experiences can cause children to react and behave in unusual ways. This workshop will help inform and guide parents to better understand the effects that a stressful event/s may have on a child and give helpful ways to support their child.



DATES

Friday

24 March 2023



TIME

9.30am - 11.30am



LOCATION

Online
(Zoom link will be forwarded to you in a reminder sms/email after registrations close.)



COST

Free



CRECHE

Not available



BOOKINGS



08 9251 5777



parenting@communicare.org.au



www.communicare.org.au

Supported by



A SIMPLE TRICK FOR WHEN YOU ARE ABOUT TO LOSE IT WITH YOUR CHILD

PARENTING CAN BE HARD. ON REALLY HARD DAYS, USE THIS SIMPLE TRICK:

TAKE A DEEP BREATH AND "TRADE PLACES".

IMAGINE YOU ARE YOUR CHILD, THEN THINK: "WHAT KIND OF PARENT DO I NEED RIGHT NOW?"

EXAMPLE 1

WHEN YOUR CHILD...

Screams and slams the door

INSTEAD OF SNAPPING,

"I am so done with you!!"

"TRADE PLACES"

Realize that your big feelings are overwhelming and hard to explain.

BE THE PARENT YOU NEED:

"I'm having a hard time understanding you right now. Let's take a deep breath and try again."

EXAMPLE 2

WHEN YOUR CHILD...

Breaks something you've told them to be careful with a million times

INSTEAD OF SNAPPING,

"Look what you did! I told you so many times!"

"TRADE PLACES"

You KNOW you made a mistake. You already feel horrible.

BE THE PARENT YOU NEED:

"I am feeling very frustrated. I know this was an accident. I need a minute to myself before we talk about this."

"Trading places" is like a **reset button** for your brain.
It helps you see the situation from your child's perspective...
BEFORE you lose it with your child.

SO NEXT TIME YOUR CHILD DOES SOMETHING THAT **COULD PUSH YOU OVER THE EDGE...** TAKE A DEEP BREATH, "TRADE PLACES", AND BE THE PARENT YOU'D NEED IF YOUR ROLES WERE REVERSED.

